



Coal City Elementary School and Early Childhood Center
 December Lunch Menu
Daily Tray Cost: \$2.50



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Corn Dog Steamed Corn Pears Milk-Variety
12/1: Calories: 608 Sodium: 894 mg Carbohydrates: 93.95 g Sat Fat: 5.3 g				
4 French Toast Sticks/Syrup Sausage Patty Hash Brown Apple juice Milk-Variety	5 Pizza Boat Green beans Peaches Pudding Cup Milk-Variety	6 Early Dismissal No Lunch Served	7 Grilled Cheese Tomato Soup Goldfish Crackers Apple Slices Milk - Variety	8 Grilled Chicken on a Bun Steamed Corn Fresh Grapes Milk - Variety
Average 12/4 - 12/8: Calories: 628 Sodium: 1090 mg Carbohydrates: 82.10g Sat Fat: 8.0 g				
11 Hot Dog on a Bun Baked Beans Pears Milk - Variety	12 Chicken Patty on a Bun Fresh Broccoli/Ranch Peaches Milk - Variety	13 Birthday Celebration Pizzaburger on a Bun Steamed Carrots Grapes Birthday Treat! Milk-Variety	14 Chicken Nuggets Mashed Potatoes/Gravy Applesauce Teddy Grahams Milk-Variety	15 Bosco Sticks/Marinara Green Beans Yogurt Oranges Smiles Rice Krispy Treat Milk-Variety
Average 12/11 - 12/15: Calories: 630 Sodium: 1031 mg Carbohydrates: 93.83 g Sat Fat: 5.5 g				
18 Chicken Wrap Snax Romaine Lettuce/Ranch Apple Slices Milk - Variety	19 Pizza Green Beans Peaches Milk-Variety	20 Hamburger on a Bun Tater Tots Orange Smiles Milk-Variety	21 Taco in Tortilla Black Bean/Corn Churro Applesauce Milk-Variety	22 Submarine Sandwich Carrot Sticks/Ranch Red Pepper Strips Pineapple Milk - Variety
Average 12/18 - 12/22: Calories: 636 Sodium: 1111 mg Carbohydrates: 80.81 g Sat Fat: 5.8 g				
25	26	27	28	29

Low Balance reminders will be sent via email on the last day of the week.
***Wow butter is produced in a peanut & tree-nut free environment.**