



# Coal City Elementary School and Early Childhood Center

## March Lunch Menu

Daily Tray Cost: \$2.50



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Salisbury Steak Mashed Potatoes/Gravy Wheat Bread Apple Slices Milk-Variety	<b>2</b> Bosco Sticks with Marinara Sauce Carrot Sticks/Ranch Yogurt Fresh Grapes Milk-Variety
<b>Average 3/1 – 3/2:</b> Calories: 587    Sodium: 808 mg    Carbohydrates: 79.15 g    Sat Fat: 5.8 g				
<b>5</b> <b>No School</b>	<b>6</b> Chicken Patty on a Bun Steamed Corn Peaches Milk – Variety	<b>7</b> <u><b>Birthday Celebration</b></u> Hamburger on a Bun Green Beans Orange Smiles <b>Birthday Treat!</b> Milk-Variety	<b>8</b> Sloppy Joe on a Bun French Fries Fresh Grapes Milk – Variety	<b>9</b> Pizza Garden Salad/Ranch Mixed Fruit Milk-Variety
<b>Average 3/5 – 3/9:</b> Calories: 649    Sodium: 955 mg    Carbohydrates: 94.90 g    Sat Fat: 5.7 g				
<b>12</b> Chicken Wrap Snax Romaine Lettuce/Ranch Peaches Milk – Variety	<b>13</b> Rib Patty on a Bun Celery Sticks/Ranch Apple Slices Milk-Variety	<b>14</b> <b>Early Dismissal</b> <b>No Lunch Served</b>	<b>15</b> Chicken Nuggets Mashed Potatoes/Gravy Teddy Grahams Pears Milk-Variety	<b>16</b> Baja Fish Sticks Nutrigrain Bar Carrot Sticks/Ranch Fresh Grapes Milk-Variety
<b>Average 3/12 – 3/16:</b> Calories: 641    Sodium: 1058 mg    Carbohydrates: 73.06 g    Sat Fat: 6.7 g				
<b>19</b> French Toast Sticks Sausage Patty Hash brown Orange Juice Milk – Variety	<b>20</b> Corn Dog Green Beans Mixed Fruit Pudding Cup Milk – Variety	<b>21</b> Quesadilla/Salsa Black Beans/Corn Orange Smiles Milk-Variety	<b>22</b> Taco in Tortilla Churro Romaine Lettuce/Ranch Applesauce Milk- Variety	<b>23</b> Pizza Sticks Carrot Sticks/Ranch Peaches Milk-Variety
<b>Average 3/19-3/23:</b> Calories: 638    Sodium: 964 mg    Carbohydrates: 80.92g    Sat Fat: 6.2 g				
<b>26</b> <b>Spring Break</b> <b>No School</b>	<b>27</b> <b>Spring Break</b> <b>No School</b>	<b>28</b> <b>Spring Break</b> <b>No School</b>	<b>29</b> <b>Spring Break</b> <b>No School</b>	<b>30</b> <b>Spring Break</b> <b>No School</b>

Low Balance reminders will be sent via email on the last day of the week.

\*Wow butter is produced in a peanut & tree-nut free environment.