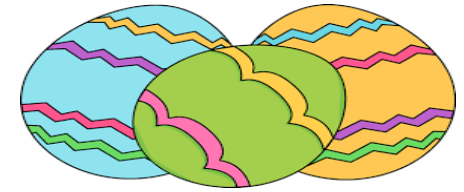




Coal City Early Childhood Center and Elementary School

April Lunch Menu  
Daily Tray Cost: \$2.50



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Chicken Patty on a Bun Pudding Cup Steamed Carrots Peaches Milk – Variety	4 Hamburger on a Bun Green Beans Fruit Cup Jell-O Milk-Variety	5 Chicken Nuggets Mashed Potatoes/Gravy Teddy Grahams Apple Slices Milk-Variety	6 Mini Corn Dogs Fresh Broccoli/Ranch Orange Smiles Milk – Variety
Average 4/2 – 4/6: Calories: 624 Sodium: 939 mg Carbohydrates: 85.45 g Sat Fat: 6.8 g				
9 French Toast Sticks Sausage Patty Hash brown Orange Juice Milk – Variety	10 Pizza Carrot Sticks/Ranch Mixed Fruit Milk-Variety	11 Early Dismissal No Lunch Served	12 Spaghetti with Meat Sauce Garlic Bread Garden Salad/Ranch Apple Slices Milk – Variety	13 Grilled Chicken on a Bun Steamed Cauliflower Yogurt Fresh Grapes Milk – Variety
Average 4/9 – 4/13: Calories: 633 Sodium: 905mg Carbohydrates: 79.11 g Sat Fat: 6.5 g				
16 Sweet Sesame Chicken Stir-Fry w/ Brown Rice Pineapple Fortune Cookie Milk – Variety	17 Corn Dog Green Beans Pudding Cup Mandarin Oranges Milk – Variety	18 Quesadilla/Salsa Black Beans/Corn Pears Milk-Variety	19 Taco in Tortilla Churro Garden Salad/Ranch Apple Slices Milk- Variety	20 Bosco Sticks with Marinara Sauce Carrot Sticks/Ranch Peaches Milk-Variety
Average 4/16 – 4/20: Calories: 642 Sodium: 934 mg Carbohydrates: 83.58 g Sat Fat: 5.1 g				
23 Chicken Wrap Snax Romaine Lettuce/Ranch Pears Milk – Variety	24 <b>BirthDay Celebration</b> Pizza Sticks w/ Sauce Steamed Peas Pineapple <b>BirthDay Treat!</b> Milk-Variety	25 Hot Dog on a Bun Baked Beans Orange Smiles Milk-Variety	26 Grilled Cheese Tomato Soup Applesauce Goldfish Crackers Milk- Variety	27 Sub Sandwich Sun Chips Cucumber Slices Fresh Grapes Milk – Variety
Average 4/23-4/27: Calories: 627 Sodium: 1285 mg Carbohydrates: 87.47 g Sat Fat: 5.4 g				
30 Hamburger on a Bun French Fries Peaches Milk-Variety				
4/30: Calories: 644 Sodium: 980 mg Carbohydrates: 88.25 g Sat Fat: 6.5 g				

Low Balance reminders will be sent via email on the last day of the week.

\*Wow butter is produced in a peanut & tree-nut free environment.