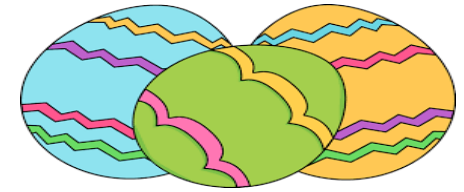




Coal City Middle and Intermediate School

April Lunch Menu

Daily Tray Cost: \$2.65



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Chicken Patty on a Bun Pudding Cup Steamed Carrots/Peaches Romaine Lettuce/Ranch Milk – Variety or Water <u>MS Ala Carte</u> 3 Cheese Bread	4 Hamburger on a Bun Green Beans Red Pepper Strips Fruit Cup/Jell-O Milk-Variety or Water <u>MS Ala Carte</u> Salad Bar	5 Chicken Nuggets Mashed Potatoes/Gravy Celery Sticks/Ranch Teddy Grahams/Apple Slices Milk-Variety or Water <u>MS Ala Carte</u> Mozzarella Sticks	6 Mini Corn Dogs Fresh Broccoli/Ranch Steamed Corn Orange Smiles Milk – Variety or Water <u>MS Ala Carte</u> Calzone
Average 4/2 – 4/6: Calories: 646 Sodium: 993 mg Carbohydrates: 92.11 g Sat Fat: 6.5 g				
9 French Toast Sticks w/ Sausage Patty Hash brown Celery Sticks/Ranch Orange Juice Milk – Variety or Water <u>MS Ala Carte</u> Hamburger	10 Pizza Carrot Sticks/Ranch Steamed Peas Mixed Fruit Milk-Variety or Water <u>MS Ala Carte</u> Chicken Sticks	11 Early Dismissal No Lunch Served	12 Spaghetti with Meat Sauce w/ Garlic Bread Garden Salad/Ranch Fresh Broccoli Apple Slices Milk – Variety or Water <u>MS Ala Carte</u> Taco Max Snax	13 Grilled Chicken on a Bun Steamed Cauliflower Red Pepper Strips Yogurt/Fresh Grapes Milk – Variety or Water <u>MS Ala Carte</u> Flatbread Pizza
Average 4/9 – 4/13: Calories: 638 Sodium: 927 mg Carbohydrates: 85.17 g Sat Fat: 6.0 g				
16 Sweet Sesame Chicken Stir-Fry w/ Brown Rice Pineapple Fortune Cookie Milk – Variety or Water <u>MS Ala Carte</u> 3 Cheese Bread	17 Corn Dog Green Beans Pudding Cup/Red Pepper Strips Mandarin Oranges Milk – Variety or Water <u>MS Ala Carte</u> Chicken Patty	18 Quesadilla/Salsa Black Beans/Corn Celery Sticks/Ranch Pears Milk-Variety or Water <u>MS Ala Carte</u> Salad Bar	19 Taco in Tortilla with a Churro Garden Salad/Ranch Refried Beans Apple Slices Milk- Variety or Water <u>MS Ala Carte</u> Mozzarella Sticks	20 Bosco Sticks with Marinara Sauce Carrot Sticks/Ranch Steamed Corn Peaches Milk-Variety or Water <u>MS Ala Carte</u> Popcorn Chicken
Average 4/16 – 4/20: Calories: 649 Sodium: 1018 mg Carbohydrates: 90.67 g Sat Fat: 4.9 g				
23 Chicken Wrap Snax Romaine Lettuce/Ranch Black Beans/Corn Pears Milk – Variety or Water <u>MS Ala Carte</u> Pizza	24 <u>Birthday Celebration</u> Pizza Sticks w/ Sauce Carrot Sticks/Ranch Steamed Peas/Pineapple <u>Birthday Treat!</u> Milk-Variety or Water <u>MS Ala Carte</u> Sloppy Joe	25 Hot Dog on a Bun Baked Beans Fresh Broccoli Orange Smiles Milk-Variety or Water <u>MS Ala Carte</u> Salad Bar	26 Grilled Cheese w/ Tomato Soup Green Beans Applesauce Goldfish Crackers Milk- Variety or Water <u>MS Ala Carte</u> Fiestada	27 Sub Sandwich Sun Chips Cucumber Slices Red Pepper Strips/Ranch Fresh Grapes Milk – Variety or Water <u>MS Ala Carte</u> Grilled Chicken
Average 4/23-4/27: Calories: 647 Sodium: 1370 mg Carbohydrates: 92.18 g Sat Fat: 5.2 g				
30 Hamburger on a Bun w/ Fries Carrot Sticks/Ranch Mixed Fruit Milk-Variety or Water <u>MS Ala Carte</u> Pork Tenderloin				
4/30: Calories: 670 Sodium: 1077 mg Carbohydrates: 96.15 g Sat Fat: 5.6 g				

Low Balance reminders will be sent via email on the last day of the week.

*Wow butter is produced in a peanut & tree-nut free environment.